



School of Psychology
University of New England
Armidale NSW 2351
Australia
Phone 02 6773 2587
birthinginaustralia@une.edu.au
www.birthinginaustralia.com

INFORMATION SHEET
for
PARTICIPANTS

I wish to invite you to participate in my research project, described below.

My name is Lucy Frankham and I am conducting this research as part of my PhD in the School of Psychology at the University of New England. My supervisors are A/Prof Einar Thorsteinsson and Dr Warren Bartik.

Research Project	First Time Births Study
Aim of the Research	The research aims to explore how mothers feel about their experiences of pregnancy, birth and early parenthood.
Requirement	You are invited to participate in this study which has two stages: The first stage involves completing an online questionnaire in your third trimester, after 28 weeks. It will take approximately 30 minutes. For the second stage, you will receive an email and be asked to complete another online questionnaire at around 6 weeks after the birth of your baby, this will take approximately 20 minutes.
Confidentiality	Any personal details gathered during the study will remain confidential. No individual will be identified by name in any publication of the results. Your information will be confidential to the researchers involved. You will be asked to make a unique study code and any identifying information will be removed so that your participation is completely anonymous.
Participation is Voluntary	Please understand that your involvement in this study is voluntary and I respect your right to stop participating in the study at any time without consequence and without needing to provide an explanation, however, once you begin the survey your anonymous data which you have already provided cannot be withdrawn. You must be 18 years or over to participate in this study.
Questions	It is unlikely that this research will raise any personal or upsetting issues but if it does you may wish to contact your local Community Health Centre, Lifeline on 13 11 14, or Perinatal Depression and Anxiety Australia (PANDA) on 1300 726 306.
Use of Information	I will use information from the questions as part of my Doctor of Philosophy thesis, which I expect to complete in 2023. Information from this research may also be used in academic journal articles and conference presentations before and after this date. At all times, I will safeguard your identity by presenting the information in a way that will not allow you to be identified. If you would like a summary of the research once it is completed, please send an email to birthinginaustralia@une.edu.au .
Storage of Information	Data gathered in this survey will initially be securely stored on Qualtrics™, a private provider of survey /research software. Once the survey period has closed the data will be downloaded to cloud.une.edu.au, UNE's centrally managed cloud server accessible only by the research team. All non-identifiable electronic data is stored on password secured computers and stored on cloud.une.edu.au, UNE's centrally managed cloud server managed by the research team. It will also be kept on a password protected computer in the same location. To meet modern research requirements the data may be made available online with no identifying details

(e.g., figshare.com).

Disposal of Information

No data will be stored by myself on completion of this study, however it will be kept indefinitely by the research supervisor to meet requirements of many academic journals: that any data used as a basis for publication, as may be the case with this data, be kept in case future researchers would like to ask further questions of the data in question. Data will be removed from Qualtrics once the survey is finalised.

Prize

Completion of both questionnaires will qualify you to enter the draw for one of four \$200 Kmart or House gift vouchers (your choice) as a thank you for your time. I will provide details on how to enter at the end of the second stage. The prize will be drawn on completion of this study in September 2021 and the winner will be advised by email. You will have around a 1 in 45 chance of winning.

Approval

This project has been approved by the Human Research Ethics Committee of the University of New England (Approval No. HE20-159, valid to 10/09/2021).

Researchers Contact Details

Feel free to contact me with any questions about this research by email at birthinginaustralia@une.edu.au, or you can text 0401 523 531 and we can arrange for a return phone call.

You may also contact my supervisors. My Principal supervisor's name is Einar Thorsteinsson and he can be contacted by email at ethorste@une.edu.au or by phone on 02 6773 2587 and my Co-supervisor's name is Warren Bartik and his email address is wbartik@une.edu.au and phone number is 02 6773 3743.

Complaints

Should you have any complaints concerning the manner in which this research is conducted, please contact:

Mrs Jo-Ann Sozou
Research Ethics Officer
Research Services
University of New England
Armidale, NSW 2351
Tel: (02) 6773 3449
Email: humanethics@une.edu.au

Thank you for considering this request and I look forward to further contact with you.

Warm regards,
Lucy Frankham